

BOSC Swim & Dive Practice Schedule	
After School June 1st - 9th	
SWIM	
6:00 - 6:30	6 & Unders
6:30 - 7:00	10 & Unders
7:00 - 7:30	11 & Older
DIVE	
6:30 - 7:00	11 & Older
7:00 - 7:30	10 & Unders
AM Practice Schedule	
Mon - Friday beginning June 10th	
SWIM	
9:00 - 10:00	11 & Older
10:00 - 11:00	9-10 Year Olds
10:00 - 10:45	7-8 Year Olds
10:45 - 11:15	6 & Unders
DIVE	
9:00 - 10:00	10 & Unders
10:00 - 11:00	11 & Older
10:15 - 10:45	6 & Under
PM Swim Practice Schedule**	
Sun/Mon/Wed June 14 - July 7	
5:45 - 6:30	7 & Older
** for swimmers who cannot attend AM practice	